

# DFS Meeting Minutes

Thursday, January 5, 2012 at 9:30 AM at Carnegie Library in Angola

Participants: Rita Lechleidner [CCC & Cahoots], Anne LaDue-Satek [CAVA], Debby Pontecorvo [DATA], Brett Hays [SCCC & YIP], Marty McNeal [SCPA], Pam Feller [Probation], Megan Cook [Trine University], Chris Phillips [FCS], Victoria Clarke-Personette [TLC – Steuben, Inc.], Cheryl Gay [NEC], Mandy Miller [Geminus], Cecelia Siler [Intern at TLC – Steuben, Inc], and Kelly Sickafoose [DFS Coordinator].

## Co-chair:

- ❑ Brett called the meeting to order at 9:33AM. He welcomed all and introductions were made.
- ❑ **2011 Grant Presentation:** The sign up sheet for 2012 grant presentations was passed around. All grantees must present an oral report to DFS.

## Regular Business:

- Co-Chair Report
  - **Minutes:** Anne moved and Marty seconded for minutes to be approved as written.
  - **Refreshments:** Thank you, Pam, for the refreshments and cake for Lisa. CAVA volunteered for refreshments in February.
  - **Meeting Space Set Up:** Space already set up today. Marty volunteered to set up in February.
  - **Executive Committee Met:** 1) Lisa resigned as of December 31, 2011. The Executive Committee chose Kelly Sickafoose to be the new DFS Coordinator.
- Treasurer Report
  - **Interdiction Fund:** last month's collection amount was not available. YTD, including rollover is, \$10,031.86.
  - **Community Drug Fund:** last month's collection amount was not available. YTD, including rollover is, \$48,616.24.
  - Some rollover is due to Prairie Heights not requesting their three grants in the amount of \$900 each.
  - There is \$1,725 available in prevention mini-grants for 2012. Marty explained the grant process. The Comprehensive Community Plan that all grantees must have an objective from, can be found at [www.drugfreesteuben.org](http://www.drugfreesteuben.org).
  - **"Pass the Cup:"** The cup was passed for the Youth Advocate Award nominee from Steuben County for 2012. Brandon Grogg, last year's nominee, will receive his award at his school awards ceremony.
- Coordinator Report
  - **Sign In Please:**
  - **End of Year Written Reports:** Due between Jan & Feb 2012 LCC Meetings.
  - **Other:** Kelly has ideas for the enhancement of DFS she would like to discuss with the Executive Committee after today's meeting. The results of that conversation will be shared at the next meeting. Kelly will also have one-on-one meetings with members to get to know them and their agency better.
- Committee Reports:
  - **Community Assessment:** Those that volunteered for the committee are Marty, Rita, Megan, and Kelly. Kelly will e-mail last year's assessment for feedback from all members, and the committee will review the responses and produce the final document. A meeting is scheduled for after the February DFS meeting.
  - **Quiz Bowl:** The Regional Quiz Bowl is set for May 5<sup>th</sup> at 10:30 in Fort Wayne. Steuben's may be the first Saturday in April. There is an updated booklet in the works.
  - **DATA:** Angola and Fremont both have reps. They have great ideas for recruitment. Prairie Heights is approaching the principal to see if DATA and SADD can be combined. A link for this committee will be placed on the DFS website.

## Other Business:

- **State and Regional News:** Our state Substance Abuse Services representative is Stephanie Edwards. Kelly has been in contact with her and provided her with requested information. Minutes and agenda will be submitted monthly; financial reports will be due in July.

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## Regional Newsletter:

### Upcoming Awareness Campaigns

- January is National Mentoring Month, which spotlights the importance of mentors and the need for every child to have a caring adult in his or her life. More information can be found at [www.nationalmentoringmonth.org](http://www.nationalmentoringmonth.org).
- February contains National Children of Alcoholics Week - February 12-18. More information can be found at [http://www.nacoa.org/coaweek\\_tools.html](http://www.nacoa.org/coaweek_tools.html)
- March contains National Inhalants & Poisons Awareness Week (NIPAW). One in five students in America has used an inhalant to get high by the time he or she reaches the eighth grade. More information can be found at <http://www.inhalants.org>.

### Did You Know...

- Following the success of a coalition of public health organizations, government agencies and health experts in forcing the alcohol industry to remove caffeine from alcoholic beverages, a new public health threat is emerging: supersized alcopops. These products come in 23.5 ounce, single-serving cans that look like soft drink containers, with up to 12 percent alcohol content—the equivalent of 4.7 standard drinks. “These products are extremely dangerous because they’re cheap, taste like soda and provide young people with a big bang for their buck, says Michelle Simon, president of Eat Drink Politics. “We need to bring these drinks down to a single serving.” In early October, the Federal Trade Commission (FTC) forced an agreement with the manufacturer of the alcopop Four Loko to change the labels of the cans to say the drinks contain as much alcohol as four to five cans of beer. The FTC says the manufacturer, Phusion Projects, falsely claimed that a 23.5-ounce can of Four Loko contains the same amount of alcohol as one or two regular 12-ounce beers. Drinking a single can of Four Loko in one sitting constitutes binge drinking, according to federal guidelines. Phusion Projects also will be required to use only resealable containers for flavored malt beverages that have more alcohol than the equivalent of two and a half regular beers. The company has not admitted to any wrongdoing, but says it will relabel the drinks to better inform its customers. Simply putting a new label and resealable cap on the can is not enough, Simon argues.
- Speaking of supersized alcopops, Blast by Colt 45, made by the Pabst Brewing Company, contains 12 percent alcohol and packaged in single, brightly-colored 23-ounce can. Flavors include blueberry pomegranate, strawberry lemonade, grape and raspberry watermelon. The rapper Snoop Dogg promotes the drink which has been nicknamed 'binge in a can' on Internet ads.
- Alcoholic popsicles will be sold in Arizona. The new product, Snobar, has an alcohol content of up to 14 percent. The popsicles have some substance abuse prevention experts concerned. If a parent is eating a popsicle that is alcohol infused, what message is being sent to kids? As parents, how you are going to keep it from your kids, making sure that they are not inadvertently consuming some of it or you are just creating a behavior pattern for them? Snobars will be available only in stores that sell other alcoholic products.

### Monitoring the Future Survey Results

- The 2011 Monitoring the Future (MTF) Survey showed a continued increase in marijuana use rates among all grades measured in the survey – 8th, 10th and 12th graders. In fact, the annual prevalence rates among 8th graders during the past two years are higher than any time since 2003. Also concerning is that the rate of daily marijuana use rose among all three grades, with 1.3 percent of 8th graders, 3.6 percent of 10th graders and 6.6 percent of 12th graders reporting that they smoked marijuana on a daily basis. Among high school seniors, the daily use rate is now at a 30-year-peak level. Not only was marijuana use at greater levels among youth, but attitudes toward drug use, which are often considered indicators of future use, have softened

with fewer youth reporting that they see a risk of harm in smoking marijuana. For example, only 22.7 percent of high school seniors saw great risk in smoking marijuana occasionally, compared to nearly 26 percent five years ago. The survey also measured, for the first time, the use of synthetic marijuana, also known as K2 or spice. Among 12th graders, 11.4 percent reported using synthetic marijuana in the past year. That means synthetic marijuana is now the second most frequently used illicit drug, after marijuana, among high school seniors.

- Annual alcohol consumption among students in 8th, 10th, and 12th grade has decreased at all three grade levels; statistically significant decreases were recorded among 8th and 10th graders from 2010 to 2011 (down 2.4 and 2.3 percent, respectively) and down almost two percent (1.7) among high school seniors. The number of students who report being drunk in the past year declined over the past year among students in all three grade levels. From 1991 to 2011, the proportion of students reporting past month consumption has declined nearly in half among 8th graders, by more than one third among 10th graders, and about one quarter among high school seniors over the past 20 years.
- After marijuana, prescription and over-the-counter medications account for most of the top drugs abused by 12th graders in the past year. Prescription painkillers such as OxyContin as well as amphetamines such as Ritalin continue to remain at high levels. However, the past year nonmedical use of Vicodin declined significantly among 10th graders from 7.7 percent in 2010 to 5.9 percent in 2011. The annual prevalence rate of the abuse of over-the-counter cough medicines containing the ingredient Dextromethorphan also decreased, falling from 6.6 percent to 5.3 percent among 12th graders and 3.2 percent to 2.7 percent among 8th graders.

\*\* Please note: The next Regional Advisory Board meeting will be held on January 20, 2012 at 10:30 a.m. at the DAC Office, 532 W. Jefferson Blvd., Fort Wayne.

**For more information, or if you have any questions:**

In Adams, Allen, DeKalb, LaGrange, Noble, Steuben, Wells, or Whitley Counties, contact Kelly Sickafoose at 260-710-6141 or [kelly.sickafoose@comcast.net](mailto:kelly.sickafoose@comcast.net).

In Blackford, Grant, Huntington, Jay, Kosciusko, and Wabash Counties, contact Monica Greer at (317) 450-7015 or [mgreer.icji@yahoo.com](mailto:mgreer.icji@yahoo.com).

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• **DFS Member Reports:**

- **Debbie:**
  - Feb 12<sup>th</sup> at 2:00 p.m: walk two miles for Heart Month.
  - The Wellness Expo will be held in conjunction with the Fall Fest this year.
- **Rita:**
  - Coffee will no longer be available at the meeting due to a lot of it being wasted. Please bring your own coffee if you wish to drink some during the meeting.

**Meeting Adjourned** at 10:05 a.m.

**Next DFS Meeting:**

Thursday, February 2, 2012 at 9:30 AM at Carnegie Public Library in Angola